

# Hot Topics In Plastic Surgery



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Liposuction is the most common cosmetic surgical procedure performed today. However, liposuction is still a mystery to most of the public and there are many misperceptions about the surgery. Hopefully I can help clear things up a little in this article!

## **Q: Will the suctioned fat return?**

A: Once the fatty tissue is removed, the fat cells cannot return.

## **Q: What happens if I gain weight?**

A: The areas that were suctioned can get bigger. This happens because the remaining fat cells can expand (up to 100x).

## **Q: What if too much fat has been removed and leaves an indentation?**

A: There are two options: 1) the surrounding area can be suctioned to make the indentation less obvious or 2) the indentation can be filled in with fat from another area of the body

## **Q: What happens to the skin when fat is removed?**

A: This is a tricky question. My answer depends on what the patient's skin quality is pre-lipo. Liposuction will only further accentuate the patient with loose, flabby skin. This skin will have to be removed. However, traditional and some newer liposuction technologies can tighten the skin somewhat.

If you have an interesting topic you would like me to discuss, please email me at [aadmiremd@gmail.com](mailto:aadmiremd@gmail.com)

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